

CONFIDENTIAL PERSONAL INVENTORY



1. PERSONAL INFORMATION

Name: _____

Email: _____

Day Phone _____ Evening Phone _____

Cell Phone _____

☐ Male ☐ Female Age _____

Address _____

City _____ State _____ Zip, _____

Local Church: _____

Are you a member? _____

No church at this time _____ Past church _____

How did you find out about this Community Freedom Ministry?: _____

Present Marital Status: _____ If married, how long? _____

Ever been Divorced? _____

How long ago? _____

How long were you married before becoming divorced? _____



Vocation (where employed, for what job and when):

Present _____

Most Recent Past _____

2. FAMILY HISTORY

A. General

1. Are you adopted?
2. Briefly explain your parents' Christian experience (i.e., were they Christians and did they profess and live their Christianity?).
3. Are your parents still living? If so, are they presently married or divorced?
4. Was there a sense of security and harmony during the first 12 years of your life? Explain.
5. Was the father clearly the head of the home or was there a role reversal where the mother ruled the home? Explain.
6. How did your father treat your mother?
7. Was there ever an adulterous affair to your knowledge with your parents or grandparents? Any incestuous relationship?

B. Family Health

1. Are there any addictive problems in your family history (alcohol, drugs, tobacco, gambling, etc.)?
2. Do you have any addictions or cravings that you find difficult to control? If yes, please explain.
3. Is there any history of mental illness? Explain.

C. Moral Climate

During the first 18 years of your life, how would you rate the moral atmosphere in which you were raised (circle the number):

Area of Life	Overly Permissive	Permissive	Average	Strict	Overly Strict
Clothing	5	4	3	2	1
Sex	5	4	3	2	1
Dating	5	4	3	2	1
Movies	5	4	3	2	1
Music	5	4	3	2	1
Literature	5	4	3	2	1
Free Will	5	4	3	2	1
Drinking	5	4	3	2	1
Smoking	5	4	3	2	1
Church attendance	5	4	3	2	1

D. Significant Relationships

List the names of individuals who have had a significant influence on your life including all siblings. Explain briefly why their influence was significant.

B. Stages in Your Life

In each of the following stages of your life, give 2-3 adjectives that describe your life during those years. Explain why you felt that way or what caused those feelings during that time of your life. Write "can't remember" if you have no memories of that time period. Write N/A if you have not reached that age range yet.

Preschool years

K-grade 2

3rd-6th grade

Junior High (or Middle) School years

High School years

20s

30s

40s

50s

60s and older

3. HISTORY OF PERSONAL HEALTH

A. Physical

1. Are you presently using any kind of medication for either physical or psychological reasons? If so, what medications?
2. Are you seeing a counselor or therapist at this time?

If so, how long have you been seeing the counselor?

If so, how often do you see the counselor?
3. Have you seen a counselor in the past?

If so, how long ago was that?
4. Do you have any problems sleeping? Explain.
5. Are you having any recurring nightmares or disturbances? If so, explain.

6. Does your present schedule allow for regular periods of rest, relaxation and recreation?

7. Have you ever been physically beaten or sexually molested? Explain.

B. Mental/Physical Health

1. Which of the following are you presently struggling with?

☐ Headaches

☐ Dizziness

☐ Lethargy

☐ Fantasy

☐ Lustful thoughts

☐ Blasphemous thoughts

☐ Compulsive/obsessive thoughts

☐ Day dreaming

2. Do you spend much time wishing you were somebody else or fantasizing that you were somebody else or possibly imagining yourself at a different time, place, or under different circumstances? Explain.

3. How many hours of TV do you watch per week? _____
List your five favorite programs:

4. How many hours per week do you listen to music? _____
List what types you enjoy the most?

5. How many hours do you spend a week reading? _____
What do you read primarily?

6. Do you have regular devotions in the Bible? Describe what you do during your personal devotions?



7. Do you find prayer difficult? Explain.

8. When attending church or other Christian meetings, are you plagued with foul thoughts, jealousies, or other mental harassments? Explain.

C. Emotional

1. Which of the following emotions are you presently having difficulty controlling?

- ☐ Frustration
- ☐ Anger
- ☐ Anxiety
- ☐ Loneliness

- ☐ Feelings of worthlessness
- ☐ Depression
- ☐ Hatred

2. Which of the above listed emotions do you feel are sinful? Why?

3. Fear is a common emotion that is often not recognized or acknowledged. Please check any of the following fears you are currently experiencing.

- ☐ Fear of death
- ☐ Fear of never being loving or being loved
- ☐ Fear of Satan
- ☐ Fear of embarrassment
- ☐ Fear of failure
- ☐ Fear of being victimized
- ☐ Fear of rejection
- ☐ Fear of disapproval
- ☐ Fear of becoming/being homosexual
- ☐ Fear of financial problems
- ☐ Fear of future
- ☐ Fear death of loved one
- ☐ Fear of being a hopeless case
- ☐ Fear of marriage
- ☐ Fear of divorce

- ☐ Fear of never getting married
- ☐ Fear of going crazy
- ☐ Fear of confrontation
- ☐ Fear losing salvation
- ☐ Fear of God not loving you
- ☐ Fear of having committed the unpardonable sin
- ☐ Fear of specific individuals (name them)

- ☐ List any other specific fears not already identified: _____

4. Concerning your emotions (whether positive or negative) which of the following best describes you?
- ☐ Readily express emotions
 - ☐ Readily acknowledge their presence but reserved in expressing emotions
 - ☐ Tendency to suppress or deny my emotions
 - ☐ Find it safest not to express how I feel
 - ☐ Tendency to disregard how I feel since I cannot trust my feelings
5. Who in your life can you be emotionally honest with right now? (i.e., you can tell this person exactly how you feel)
6. How important is it that we are emotionally honest before God and do you feel that you are? Explain:

4. SPIRITUAL HISTORY

- A. If you were to die tonight, do you know where you would spend eternity?
(That is, would you say you are 25%, 50%, 75% or 100% sure that you are going to heaven?)
- B. Suppose you did die tonight and appeared before God in heaven, and He were to ask you, "Why should I allow you into My heaven?" How would you answer Him?
- C. 1 John 5:11,12 says, "God has given us eternal life, and this life is in His Son. He who has the Son has the life; he who does not have the Son of God does not have the life."
1. Do you have the Son of God living in you?
 2. When did you receive Him (John 1:12)?
 3. How do you know that you have received Him?



D. Are you plagued with doubts concerning your salvation?

E. Are you presently enjoying fellowship with other believers and, if so, where and when?

F. Are you under authority of a local church where the Bible is preached and do you regularly support it with your time, talent, and treasure? If not, why not?



NON-CHRISTIAN SPIRITUAL EXPERIENCE INVENTORY

CIRCLE any of these that you have been involved with or exposed to.

Put a CHECK by the ones your parents, grandparents or any relatives have been involved with.

Out-of-body experience	Seances/mediums/channelers	Hare Krishna
Ouija board	Black or white magic	Bahaism
Bloody Mary	Blood pacts	Native American spirit worship
Occult games	Fetishism/crystals/charms	Islam
Magic Eight Ball	Sexual spirits	Hinduism
Spells or curses	Martial arts (mysticism)	Buddhism (including Zen)
Mental telepathy/control	Superstitions	Black Muslim
Automatic writing	Mormonism (Later-day Saints)	Rosicrucianism
Trances	Jehovah's Witness	False gods (money, sex, power, pleasure, certain people)
Spirit guides/ghosts	New Age (teachings, medicine)	Spiritual visitations and nightmares
Fortune telling/divination	Masons	Other (non-Christian religions; cults; movies; music; books, video games; comics or fantasy games that glorify Satan, all other questionable spiritual experiences)
Tarot Cards	Christian Science/Mind Science	
Levitation	Unification Church (Moonies)	
Witchcraft/wicca/sorcery	The Forum (EST)	
Satanism	Church of Scientology	
Palm reading	Unitarianism/Universalism	
Astrology/horoscopes	Silva Mind Control	
Hypnosis	Transcendental Meditation (TM)	
Astral projection	Yoga (religion, not the exercise)	

1. Have you ever been hypnotized, attended a New Age or parapsychology seminar, consulted a medium, spiritist or channeler?
Explain:
2. Do you or have you ever had an imaginary friend or spirit guide offering you guidance or companionship? Explain:
3. Have you ever heard voices in your mind or had repeating and nagging thoughts that were foreign to what you believe or feel, like there was a dialogue going on in your head?
Explain:
4. What other spiritual experiences have you had that would be considered out of the ordinary?

