

# The Children's Bread Ministries & Freedom Courses

## Steps for Successfully Realizing Your Full and Glorious Freedom in Christ

- Knowing and deciding in your heart that you are [personally responsible](#) for your own freedom in Christ. No one else can do that for you.
- Being willing to fully open your heart to your [Heavenly Father](#) and especially become emotionally real before Him. *“For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death.”* ([2 Corinthians 7:10](#))
- Believe that you can be and probably are [deceived](#) in your beliefs about who you really and truly are [in Christ](#).
- Understanding that you will USUALLY ACT according to what you believe - both truths and lies believed. *“For as a man believes in his [heart](#) so is he.”* ([Proverbs 23:7](#)) We will never consistently behave in a manner inconsistent with what we believe.
- Understanding that the [devil](#) and all his minions (spiritual [fallen angels & demons](#) and [human followers of Satan](#)) [are liars, lying is their native language](#), and they always work to either [deceive or tempt or accuse](#) you. [The main battle is for your mind](#). If you have been deceived, to believe a lie, you do NOT know that you have been deceived (the very definition of deceived) until the truth that counters the lie has been revealed and believed and has replaced the lie in your mind. Satan's greatest weapon is deception. *The evil one [cannot touch](#) a believer fathered by God the Father.* ([1 John 5:18](#))
- Deciding not to see your encourager, coach, pastor, etc. as a priest / middle man between yourself and your Heavenly Father. *“If anyone among is suffering, he or she should pray”* ([James 5:13a](#)) Effective prayer begins with the needy person.
- Find a person who truly loves the Lord Jesus Christ and His Father, your Heavenly Father, to stand with you as encourager/coach/paster/etc. as you work through the Steps to Freedom in Christ process. ([Matthew 18:20](#))
- Read the book [Victory Over the Darkness](#) to lay the proper foundation for realizing your full freedom which is already yours in Christ.
- Pick one or more paths below towards obtaining more or all of your full freedom in Christ
  - 1. Additional preparation by appropriating more spiritual truths
    - Use ChildrenBread.org to work through the [Freedom Studies Discipleship Course](#)
      - Especially meditate daily for 2 months or more on
        - [ChildrensBread.org - In Christ](#)
        - [ChildrensBread.org – Giving Thanks for Who I Am in Christ](#)
      - Take one or more Freedom-Courses.org/com [on line courses](#)
    - 2. Listen to the full 10 session Freedom in Christ Ministries - [Discipleship Course](#) on Freedom-Courses.com **with** a Coach/Encourager, who will be your *confidential*, faithful, trustworthy, accountability partner.
      - Requires the filling out our [Confidential Personal Inventory](#)
      - Requires purchasing the [Freedom in Christ Discipleship Course Participant's Guide](#)
      - Requires filling out Journal Forms for each Session of the Course which will also be sent to your Coach/Encourager
    - 3. Watch the full video 10 session Freedom in Christ Ministries - Discipleship Course, **with** the purchased [Freedom in Christ Discipleship Course Participant's Guide](#), **without** a Coach/Encourager
    - 4. Go through the Steps to Freedom in Christ in person with an encourager/coach and a trusted prayer partner and most importantly your [Heavenly Father](#)
      - Requires the filling out our [Confidential Personal Inventory](#)
      - Requires reading the book [Victory Over the Darkness](#)
    - 5. Do alternative 4. above on Zoom
  - Have questions? [Contact Us](#)

Continuous **Freedom in Christ** comes from **exposing** our sin ([Eph 5:11](#)) by **confessing** our sin ([1 John 1:9](#), [James 5:16](#)) and **renouncing** our association with sin ([Titus 2:11-12](#)) and **repenting** (a change of mind), with godly sorrow, ([2 Pet 3:9](#), [2 Cor 7:8-11](#)) of our sin and continually **submitting, in humility, to God** and **resisting** ([James 4:6-7](#)) further [temptations](#) to sin & [deceptions](#) to believe lies & false [accusations](#), **taking every thought captive** to make it obey Christ ([2 Cor 10:4-5](#)) and diligently **standing firm** ([Gal 5:1](#), [Eph 6:14-16](#)) in our new freedom and **believing who we truly are in [Christ Jesus](#)**.